



An invitation to attend the 7th World Congress for People Who Stutter Perth, Western Australia 15 to 20 February 2004

The Speak Easy Association of Western Australia, in conjunction with the Australian Speak Easy Association and the International Stuttering Association, is very proud to host the seventh triennial "World Congress for People Who Stutter".

Through our theme of "Fluency and Beyond: A Holistic Look at Stuttering" the 2004 Congress will provide an opportunity to learn practical information, skills and the latest findings in stuttering self help, treatment and research. A selection of keynote speakers mixed with workshops and concurrent sessions will look at the whole picture of stuttering.

Peter Dhu
Vice President of ASEA
Congress Convenor



Australian Speak Easy Association
Helping people who stutter since 1980

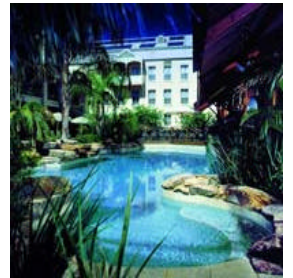
Mark Irwin
Chair of the ISA



Who should attend

If you are a person who stutters and have never been to a conference for people who stutter before, you don't know what you are missing. Here will be a group of people who, in one sense, already know and understand you. As a result new and close friendships are always formed quickly. While you are meeting old and new friends from all backgrounds and countries in a relaxed and enjoyable atmosphere, you will be able to share stories and experiences in the company of many of the world's most knowledgeable people in the various areas of stuttering. If you are a speech pathologist, parent or just someone wanting to know and understand more about stuttering you will never get a greater opportunity. Who knows, you may come away with a whole new outlook on life. If you don't find that this is to be one of the best social and learning gatherings you've been to... well we just won't believe you.

gymnasium. The Promenade Lounge Bar is a special meeting place nestled amongst the palms. Enjoy an icy cold beer, pre-dinner drink, tempting cocktail or coffee and cake available daily. The Bar is open from 10.00am to 12.00 midnight, and caters for in excess of 100 people. This is the perfect place to meet after the busy conference day and make new friends, renew old acquaintances and discuss the day's proceedings.



Call for Abstracts

The Congress will provide an opportunity for delegates to present papers, workshops and posters on their success stories, recent research, self-help experiences and other topics that relate to the conference theme. Abstracts should be submitted to the Congress Secretariat by 1 July 2003. All accepted abstracts will be published in the Congress program booklet. Themes to be explored include:

- ◆ Current research and trends in treatment
- ◆ Issues concerning children who stutter
- ◆ Teenagers and adolescents
- ◆ Parents of children who stutter
- ◆ Discrimination and workforce issues
- ◆ The business of running self-help/not for profit groups
- ◆ Open mike discussions on other issues

Congress Venue

The conference will be based at the newly refurbished Esplanade Hotel Fremantle, where you can enjoy fish and chips at Fishermen's Wharf, coffee and cake on the cappuccino strip, or choose from the most extensive selection of restaurants and cafes in Western Australia, all located within walking distance. You can walk in the park, swim at South Beach or take a 25-minute train ride to central Perth. The Esplanade Hotel is equipped with restaurants, two swimming pools, sauna, spa and

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Details relating to the preparation and submission of abstracts can be found at the web site
www.2004worldcongress.speakeasy.org.au

Invited Speakers Include:

David Shapiro, Ph.D., CCC-SLP, is Professor of Communication Disorders at Western Carolina University in Cullowhee, North Carolina, USA. He is also a person who stutters but has enjoyed a high level of fluency for many years. In his third decade of providing clinical services for people who stutter and their families, Dr. Shapiro is a regular presenter at State, national, and international conferences and has conducted workshops throughout the United States, and most recently in Denmark, Japan, and Canada, on his fluency intervention techniques. His book, *Stuttering Intervention: A Collaborative Journey to Fluency Freedom* (1999, Pro-Ed), is finding a wide international audience. In his presentation, "**Lessons Learned in Pursuit of Communication Freedom**" he will share with us many of the experiences and the lessons he has learned over the years that have led to his fluency. *Maybe Dr Shapiro will be able to reveal some pieces of the stuttering puzzle that have been eluding us and kept us from achieving a higher level of fluency. Whether it does or not his presentation promises to be filled with substance, challenge, reward, and humour.*



Professor Mark Onslow is the Director of the Australian Stuttering Research Centre at The University of Sydney. Professor Onslow's research interests relate to the nature and treatment of stuttering. He has taught university courses in stuttering management in three countries, and currently teaches research methods to doctoral students at the Australian Stuttering Research Centre. Professor Onslow has led a research team that is developing the Lidcombe Program of Early Stuttering Intervention, which is the first evidence-based treatment for early stuttering and is recognised as one of the leading treatment methods, for children, in many countries around the world. Professor Onslow will be talking on the topic "**Stuttering Treatment in the Future: Knowledge and Speculation**". *If you are interested in finding out where stuttering treatment is heading, and who isn't, this talk by one of the world's leading experts will be sure to be lively, thought provoking and always controversial. Once again a talk not to be missed.*



Dr Gerald A. Maguire is the Assistant Dean for Continuing Medical Education, Director of Residency Training and Associate Clinical Professor in the Department of Psychiatry at the University of California, Irvine College of Medicine. Dr Maguire is a person who stutters himself and has dedicated his professional career to helping individuals who struggle with the disorder that he shares. He is investigating the neurologic basis of stuttering and is researching various pharmacologic treatments to work as adjuncts to speech therapy. Dr Maguire will be talking on the topic



"**Toward a Neurologic Understanding of Stuttering and Possible Pharmacologic Treatments**". *Will this be the Congress where the "magic pill" is revealed. If there is such a future for stutterers you will be sure to hear about it when Gerry gives his presentation. Don't miss it!*

Dave McGuire is the founder of The McGuire Programme an international training and coaching programme designed not only to help people to recover from stuttering, but also to become eloquent speakers Dave, a recovering stutterer himself tried many forms of therapy in his younger years. It was only when he sought out Dr Joseph Sheehan at UCLA and learned about the psychology of stuttering that a way out of his "stuttering chains" started to



become clear. With increased fluency Dave was able to earn a degree in Psychology and started the "Rites of Passage" programme for juvenile offenders. Key elements in the success of this programme were the use of sports to teach and motivate and the significance of teamwork and support for long-term recovery. In 1993 Dave heard about a treatment for stuttering using a breathing technique taught by an opera singer. Although successful in the short-term, many graduates of the programme relapsed because the cycle of fear and panic associated with stuttering had not been adequately addressed. Using the best of what he had learnt from many teachers and the sports mentality from Rites of Passage, Dave then developed the McGuire Programme and wrote *Freedom's Road* the comprehensive manual used during all McGuire courses throughout the world. The McGuire Programme has now helped thousands of people throughout the world to recover from stuttering. Many have gone on to public speaking clubs such as Toastmasters and are winning club and national awards for their eloquent speech. Treating recovery from stuttering as "**The Sport of Speaking**" has made the process fun and more manageable. *The McGuire Programme has been developed and is instructed, coached and administered world-wide by people who are either recovered or recovering from their stuttering. McGuire graduates and significantly Dave McGuire are able to share valuable insights into what is required to recover from stuttering long-term. Hearing what Dave has to say will be a unique learning opportunity for everyone attending the Congress.*

Professor Ashley Craig is the Assistant Dean in the Department of Health Sciences at UTS, Sydney. Professor Craig has been involved in clinical treatment and research of adult and child stuttering for over 20 years. He has published over 200 articles on the subject in international journals as well as writing a book on treating stuttering in older children, adolescents and adults. Professor Craig will be talking on the topic: "**The influence of stuttering on mood, anxiety and emotions across the lifespan; how to manage anxiety related to stuttering**". *We all know how our anxiety level greatly influences the way we perform during the day, so to be able to learn to control it should interest us all.*



Professor Roger Ingham and Janis Costello

Ingham Roger is Professor of Speech and Hearing Sciences at the University of California, Santa Barbara where he and his wife, Janis conduct their work on neurogenic and genetic aspects of stuttering. Roger was born in Australia and received his PhD in Psychology at the University of NSW in Sydney. Roger was instrumental in helping to develop the use of prolonged speech as the central therapy technique used in Australia since the late 1960's. He has published three books and more than 150 papers, principally on developmental stuttering.



Roger and Janis's research has focused on the development of treatments and measures of stuttering and most recently its genetic basis. They have developed a program of research on

stuttering using brain imaging techniques, including PET, event-related MRI and transcranial magnetic stimulation. The Inghams will be talking on the topic **"The Brains of Adult Stutterers: What neural systems need to change if treatment is to be successful"** *There has been a lot of talk in the international press and various articles about what is happening in the brain of a stutterer. If you are at this congress you will hear, first hand, from two of the world's top brain researchers about what is going on between our ears when we stutter. Don't miss this one!*

Charles Maskell-Knight has spent the past 22 years working on public finance issues in a range of Government Departments and organisations. For the last eight years he has worked in the Commonwealth Department of Health where he is presently Principal Adviser in the Acute Care Division and in charge of the Private Health Insurance Branch. Charles is a person who stutters and over the years has learned to control the condition quite well and his stuttering does not have a big impact on his life. Charles does not follow any therapy regime or attend support groups. He just talks and does not worry about his stutter. Charles describes himself as being fortunate in this regard as he knows that stuttering does have a big impact on many people's lives. *Find out the secret to Charles success. How did he manage to rise to the top of the Australian Department of Health, one of Australia's largest bureaucracies? What gives Charles the confidence to speak and succeed despite his stutter? I am sure there are lessons to be learnt for us all.*



John C. Harrison is no stranger to the problems of stuttering. He showed a marked disfluency at the age of three and two years later underwent therapy at the National Hospital for Speech and Hearing Disorders in New York City. But this and later efforts at therapy during his school years were not successful and he struggled with stuttering throughout college and well into adulthood. Harrison's involvement in a broad variety of personal

growth programs over three decades have given him a unique insight into the nature and dynamics of the stuttering person. Today, he is fully recovered and no longer deals with a stuttering problem. Harrison holds a B.A. in English from Dartmouth College and has done extensive graduate work in Language Arts at San Francisco State University. One of the earliest members of the National Stuttering Project (now the National Stuttering Association), he is an 18-year member of the Board of Directors and previously served as the NSA's Associate Director. He is currently the editor of the NSA's monthly newsletter *Letting GO*. Harrison has run workshops for the stuttering and the professional communities in over 20 cities across the U.S. and Canada, and has been a presenter at every NSA national convention. He also runs programs in Ireland, the U.K. and Australia and has been published in *Advance Magazine* and the *Journal of Fluency Disorders*, and presented at ASHA and CSHA conventions as well as the First World Congress on Fluency Disorders in Munich.

Marilyn Langevin is Clinical Director at the Institute for Stuttering Treatment and Research at the University of Alberta. Since joining the Institute in 1988 Marilyn has been involved in the treatment of over 700 children, teens and adults who stutter and has trained over 200 clinicians. As Clinical Coordinator and then Clinical Director of



the Program she has made major contributions to the form and structure of the therapy programs, developed a highly effective clinician training program and conducted research and published papers on fluency. Marilyn has also given lectures and workshops in Europe, the United States and Canada, and held an adjunct and associate clinical professorship at the University of Alberta. More recently Marilyn developed and researched the effectiveness of "Teasing and Bullying: Unacceptable Behaviour", a school program designed to educate students about stuttering and changing attitudes towards teasing and bullying. She is also currently a PhD candidate at the University of Sydney.

Congress Schedule

Mon 16 February to Thurs 19 February.

9:00am - 10:30am	Keynote Speakers
10:30 - 11:00am	Morning Tea
11:00 - 12:30pm	Workshops, Special Interest Groups
12:30 - 2:00pm	Lunch
2:00 - 3:30pm	Workshops, Special Interest Groups
3:30pm - 4:00pm	Afternoon tea
4:00 - 5:00pm	Keynote Speakers

Morning, Afternoon tea and Lunches will be provided.

Lunches

Lunches will be provided in the trade display area of the conference and will enable ample opportunities to network and mix with other delegates.

Social Functions

The Congress committee invites all delegates to join us in a variety of social events to complement your time at the 2004 World Congress. These events will provide you with the ideal opportunity to renew old acquaintances, to meet new ones, to exchange ideas and do what we all do best – party.

Welcome Function

Sunday 15 February 2004, 6.00 to 11.00pm

Join your fellow delegates following registration, for a traditional Australian welcome. This will include drinks, finger food and entertainment. It will be a unique experience inside the Cell Blocks of the remarkable Fremantle Prison, built in the 1850s.



Fremantle Prison

Congress Dinner

Thursday 19 February 2004, 7.00pm to Late

The newly renovated Esplanade Hotel will host the Congress dinner on the evening of the last day of the formal program. A set menu will be accompanied by a selection of Western Australian wines and beers. Entertainment and dancing opportunities will be provided.

Further Social Events

A different social activity will be arranged for each night of the Congress. These events will all be optional ranging from dinner and drinks at a local microbrewery overlooking the fishing harbour, to walking tours of Fremantle and late night discos for those so inclined.

Registration Details

The registration fee for the 2004 World Congress will be set in July 2003, but will be in the vicinity of AUS \$350, US \$192, or EURO 190. There will be the opportunity for full Congress registration and for day registration. The early bird registration fee will be set at a discount price, with late registrations attracting a penalty. The final registration fee and conditions will be sent out with the registration brochure, due for release in August 2003.

Accommodation

Group bookings have been made at the congress venue, the Esplanade Hotel. The hotel is a 4½ star, international business and leisure hotel with simple elegant and relaxed surroundings offering warm, friendly and professional service. The special Congress rate is around AUS \$160 for a single / double / twin room per night. For people who share this equates to AUS \$80 per night.

The Esplanade Hotel



Congress Tours

On Friday 20 Feb 2004 we will offer a range of half-day Congress tours of Perth. These will include the flora and fauna of Western Australia, a Wine Tour of the Swan Valley region, Kings Park and City of Perth highlights.

Perth, Western Australia is a long way to travel and we want all delegates to have a chance to experience Western Australia. So now that you have come this far, why not linger a little longer and go on one of our pre and post Congress tours.

Congress Secretariat

Congress West has been selected as the congress manager to help us with the running of the conference by handling congress registrations and all related accommodation bookings. If you have not registered your interest in attending the 2004 World Congress for People who Stutter, you can do so by forwarding your details to Congress West. Contact details for Congress West are as follows:

Congress West Pty Ltd
PO BOX 1248
WEST PERTH WA 6872
AUSTRALIA
Telephone +61 08 9322 6906
Facsimile +61 08 9322 1734
E-mail: conwes@congresswest.com
Quote: 2004 World Congress for People who Stutter

Congress Travel

Qantas Australia and Corporate Traveller Australia have been appointed the official airline and travel company for the Congress. When making travel inquiries contact Rebecca Nisbet at Corporate Traveller on rebecca_nisbet@corptraveller.com quote "2004 World Congress for People who Stutter".

Other Information

Perth enjoys a Mediterranean type climate with warm to hot, dry summers and mild winters. During February the average minimum temperature is 18°C and the average maximum temperature is 30°C. February is ideal for swimming and enjoying the alfresco dining opportunities around Fremantle. Perth is on the same time zone as Singapore & Hong Kong, eight hours ahead of London and 13 hours ahead of New York.

Further updates will be posted on the congress website as they occur. The final program and registration form will be made available by August 2003. All people who have expressed an interest in attending the Congress either by registering their interest on the web or by post will automatically receive a copy of the final program and registration form. Those who have not registered their interest as yet can do so on the website.